



Help Us Make NYC Safer!

Official

FDNY

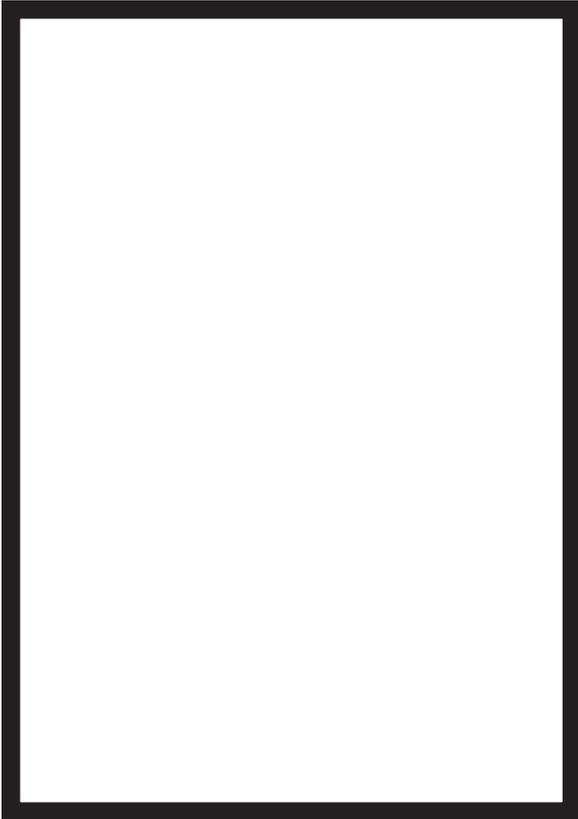
Activity Book



scan below or go to
fdnysmart.org
for games & more!



1. Welcome to Our Team.



Fire and Life Safety Starts with YOU!

Hi Friends! We need your help to make NYC even safer. It starts with officially signing up for this important mission as a Junior FDNY Member in training.

Draw a picture of yourself in the box to the left and fill in the information below.

Sign Up!

My name is: _____

My school is: _____

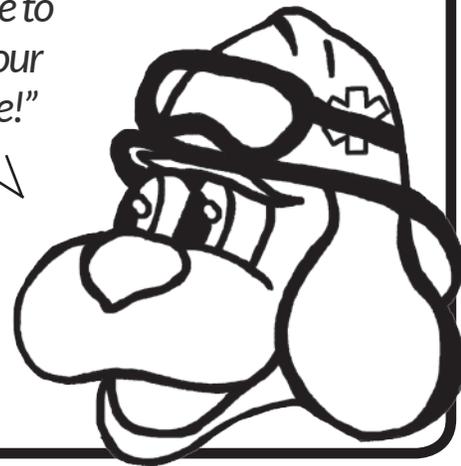
My address is: _____

My phone number is: _____

*"Hi, I'm Hot Dog.
I am so proud that you
have signed up to Join
FDNY. You can make
a big difference in your
neighborhood!"*

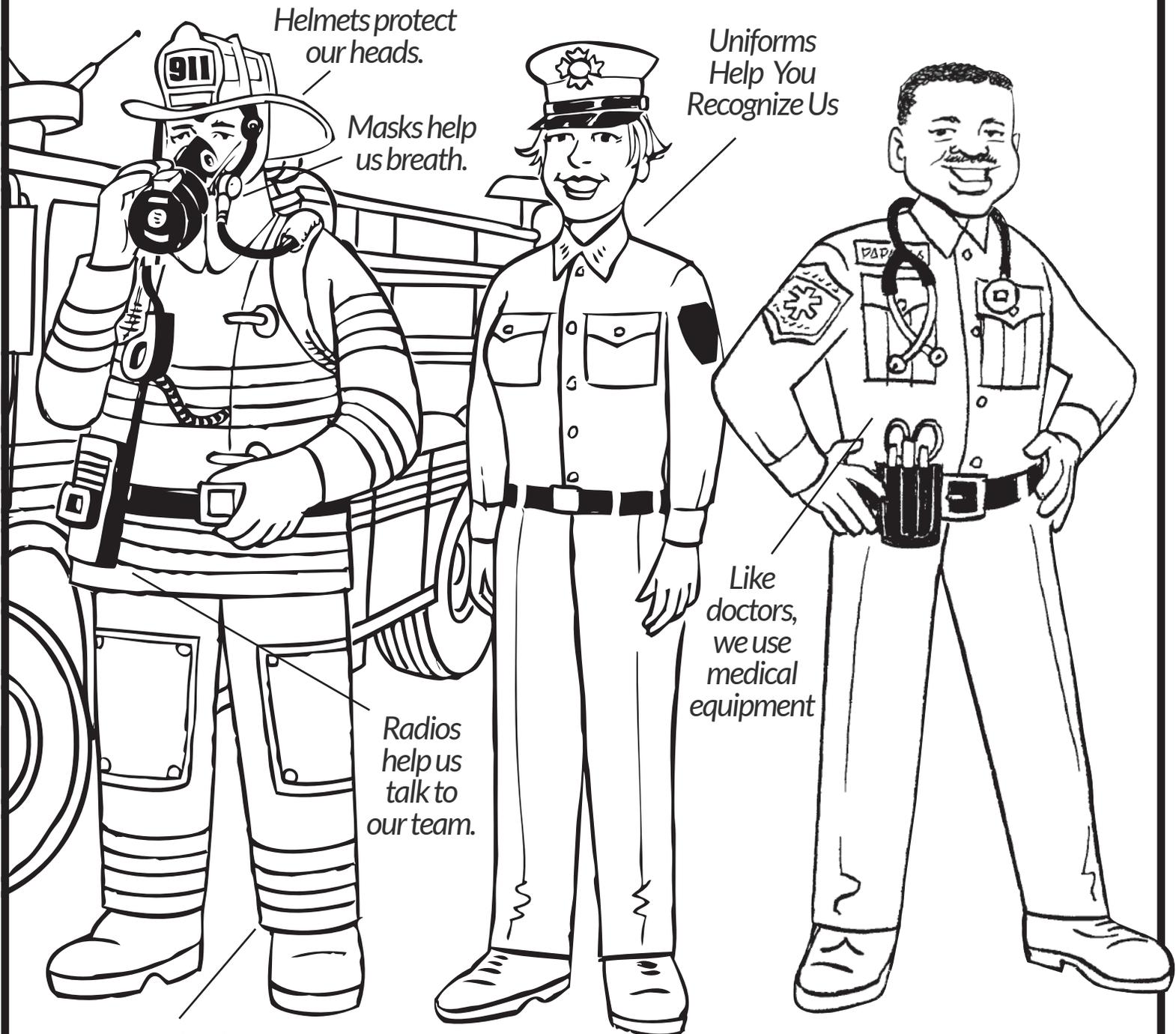


*"Hi, I'm Siren.
We all have a role to
play in making our
City a safe place!"*



2. Your Friends.

The first thing you need to know is that New York City Firefighters, EMTs and Paramedics are your friends and here to help. As a Junior Member you should know how to recognize our uniforms and some of the special tools and equipment we use to protect our communities.



Helmets protect our heads.

Masks help us breathe.

Uniforms Help You Recognize Us

Radios help us talk to our team.

Like doctors, we use medical equipment

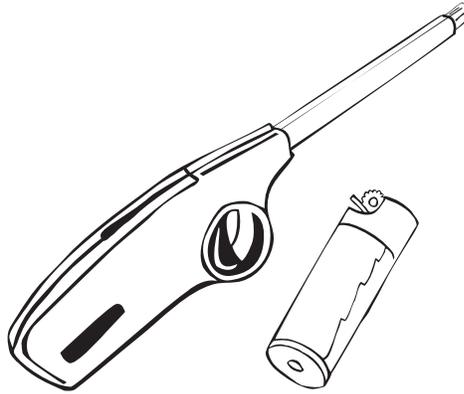
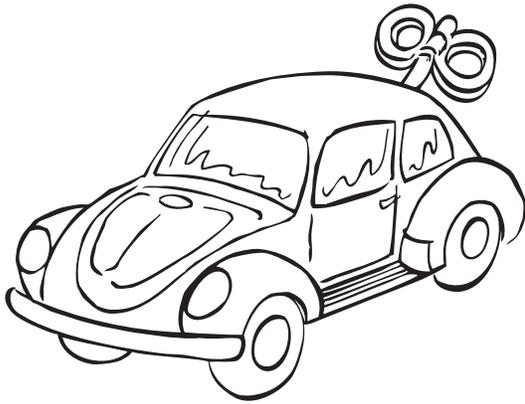
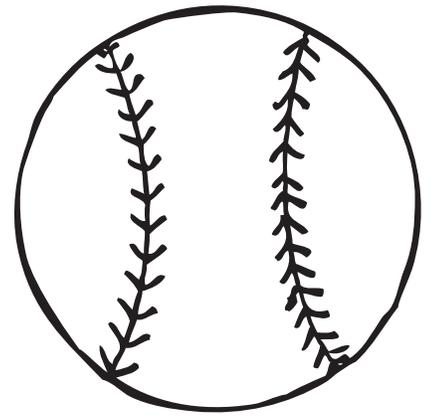
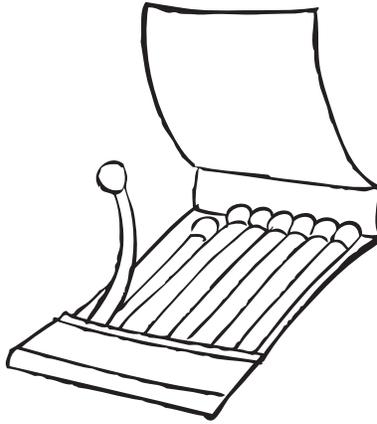
Our special jackets and pants protects our skin.

Don't Be Scared!

3. Fire is NOT a Toy!

Matches and lighters are **NOT** toys and you should never play with fire. If you see someone playing with fire, report it quickly so nobody gets hurt.

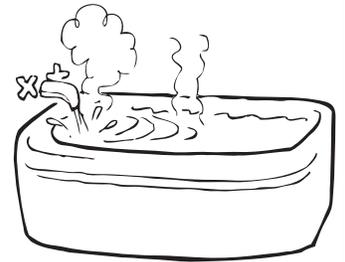
Put a big **X** over things you should never play with.



Never Play With Matches or Lighters!

It is also important to avoid things that are very **hot** so you are not burned. There are many things only grown-ups should use that can hurt you very badly.

"If you ever find matches or lighters, let a trusted grown-up know quickly."



.Put a big **X** over the items above.

4. Calling 911

Dial 911 any time there is a fire or other emergency. Fires, smoke, odors of gas or medical emergencies are reasons to call 911.

Call 911 quickly when you think something is wrong because the situation can get worse fast.

When Calling 911...

Know your location.

If you don't know where you are, look for buildings, landmarks and street signs.

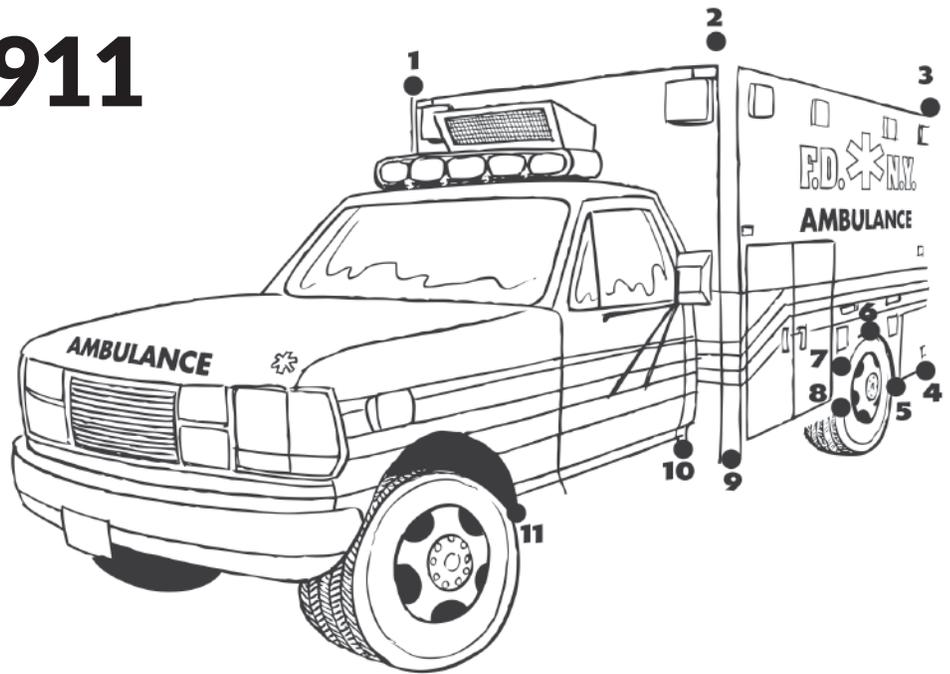
Answer questions.

Your answers will help determine the kind of help you need and who should be sent to help.

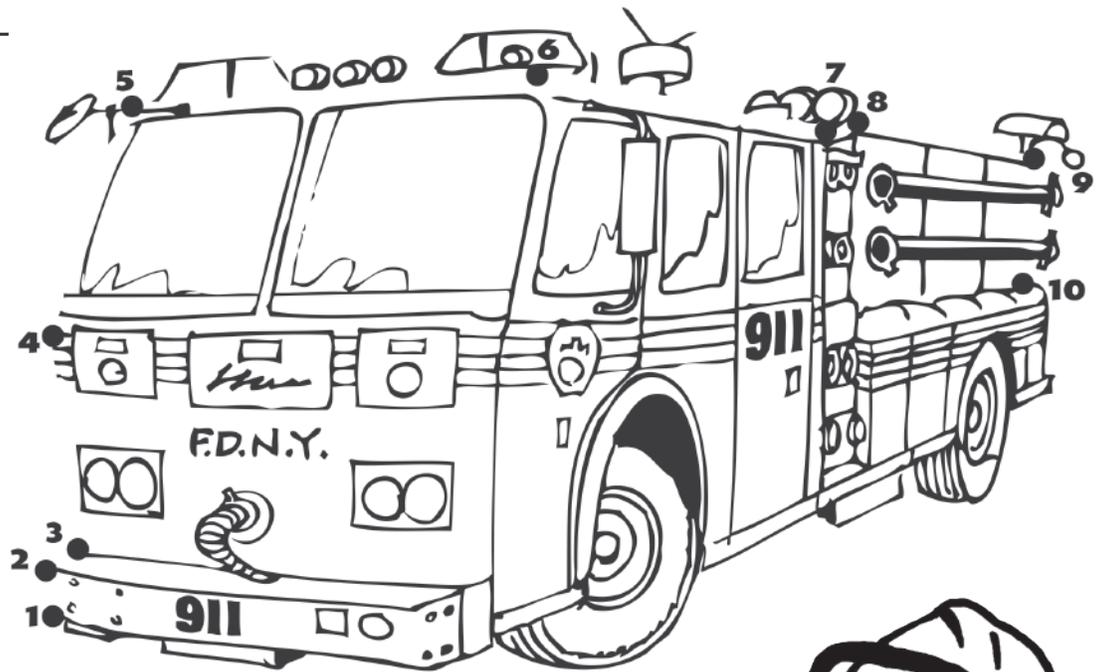
Follow instructions.

The dispatcher is trained to help you while help is on the way.

Connect the dots and color the emergency vehicles that will respond when you call for help.



We Use Lights and Sirens!



"Help us get to you quickly.
Be sure to know your address
in case of an emergency."



5. Have a Plan. Stay Calm.

It's very important to plan and practice an emergency escape plan.

Teach everyone in your home how to unlock and open the windows and doors.

Designate family members responsible for waking children or older adults.

Keep stairways and exits clear. Stay calm and establish a meeting place outside your home.

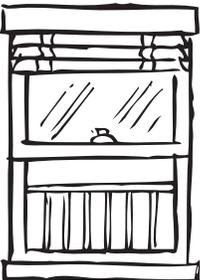
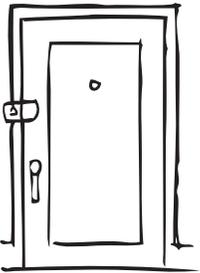


"Knowing what to do can save a life."



6. My Escape Plan

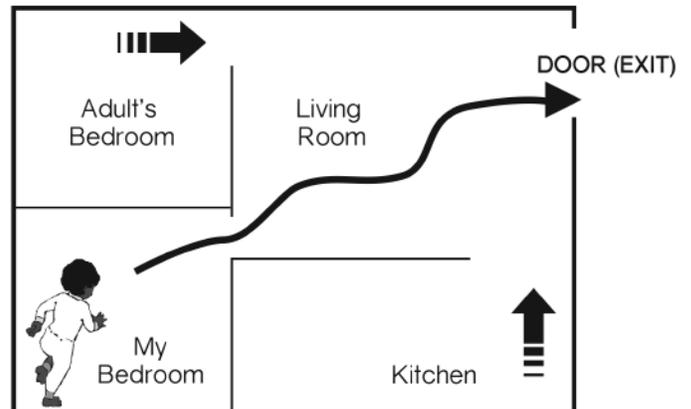
Know all ways you can safely get out!



Using the example below as a guide, have an adult help you map out your escape plan. Don't forget to label all doors, windows and exit routes.

Building Type

When you create your escape plan ask a trusted adult to find out what type of building you live in. The type of building you live in, like a one story house or a very tall apartment building will affect how you get out. Always listen to instructions from the Fire Department during a fire or emergency.



7. Stay Low and Go



Where you see smoke and fire stay low and go. Smoke can hurt your eyes, so you can't see. It will make you cough. Be sure to drop low to get **UNDER** the smoke and fire.

"Smoke makes it difficult to breathe. Remember to always stay low and go!"



8.

If You Catch Fire...

Stop. Drop. Roll. Cool. Call.



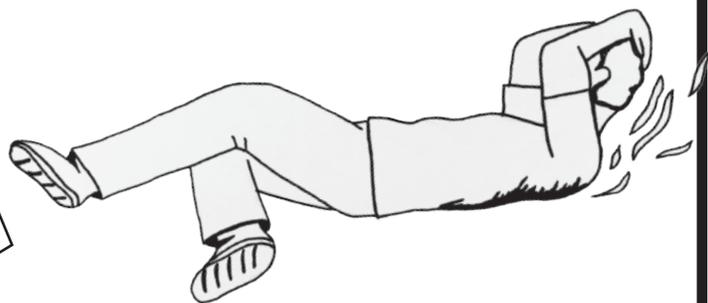
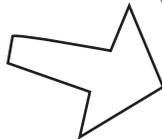
STOP

Do **NOT**
walk or run.
It will make the
fire worse!



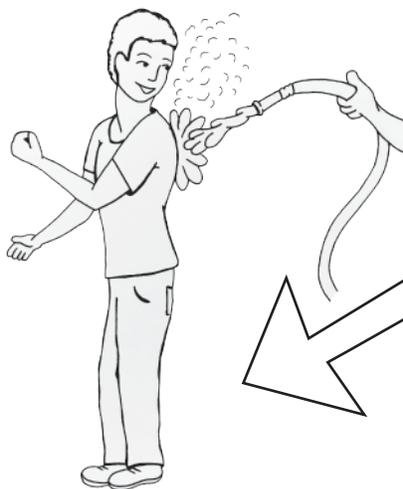
DROP

to the ground.



ROLL

back and forth to
put out fire.
Cover face with
your hands.



COOL

the burn with
water.

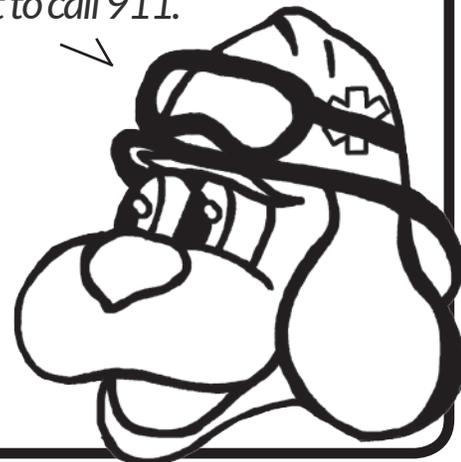


CALL

911 for help.

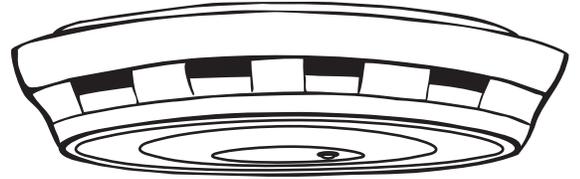


"Only treat burns with cool water.
Don't forget to call 911."



9.

Smoke/ Carbon Monoxide (CO) Alarms Save Lives



Safety Checklist *Review at home...*



We have alarms near where we sleep.



We make sure our alarms are working.

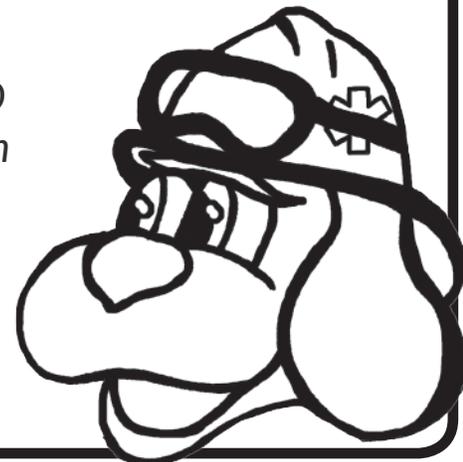
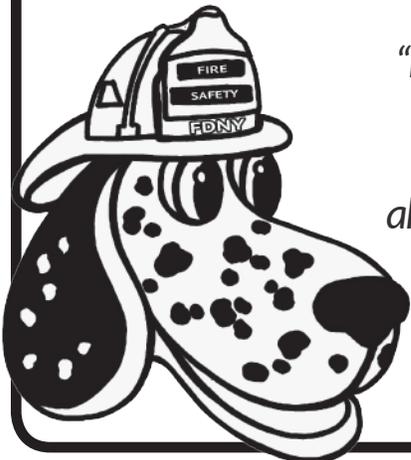


We remind others to do the same.

These alarms help keep you safe, even when you sleep!

"Remember, CO has NO smell or taste. Only working CO alarms can help warn you of danger!"

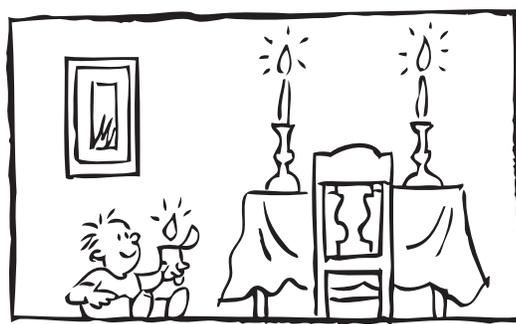
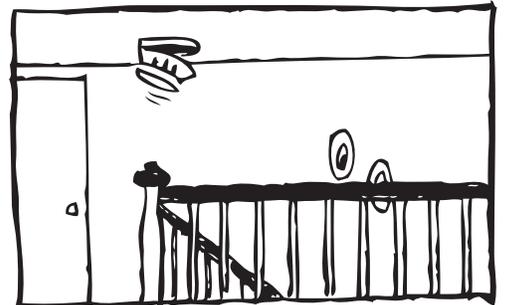
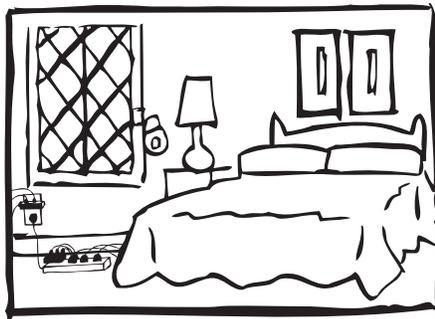
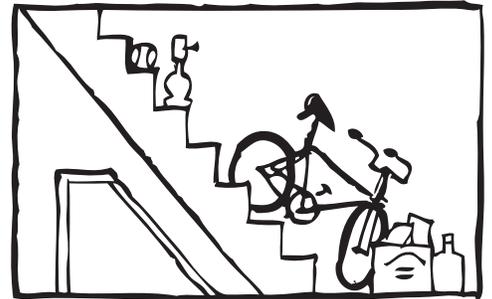
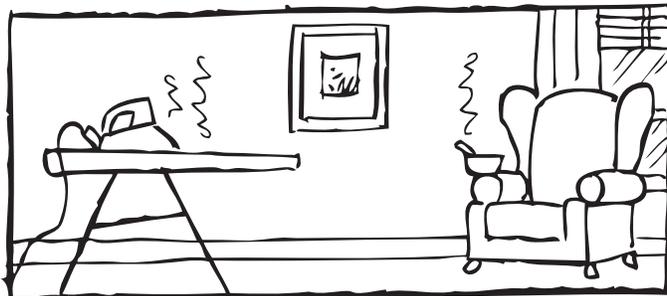
"Be aware, most CO emergencies happen in cold weather"



10. Finding Dangers

Help make this building safer!

How many fire dangers can you find?!



ANSWERS (Left to right, starting at top): ROOF: Lock on roof exit door. TOP: hot iron, smoldering cigarette, obstructed stairway. 3rd Fl: overloaded powerstrip and outlet, lock on window gate, unattended cooking, fire extinguisher stored too close to stove. 2nd Fl: space heater too close to blankets, non-working smoke/co alarm. 1st Fl: baby playing with lighter, unattended candles. Basement: combustibles (gas, papers) and paint stored near furnace, box blocking exit.

11. You did it.



THIS IS TO CERTIFY THAT
YOU ARE FDNY SMART

(YOUR NAME HERE)

AND HAVE LEARNED THE RULES OF FIRE & LIFE SAFETY
AND HEREBY GRANTED
THE TITLE OF

JUNIOR & **JUNIOR**
FIREFIGHTER **EMT**



FDNY

www.nyc.gov/fdny